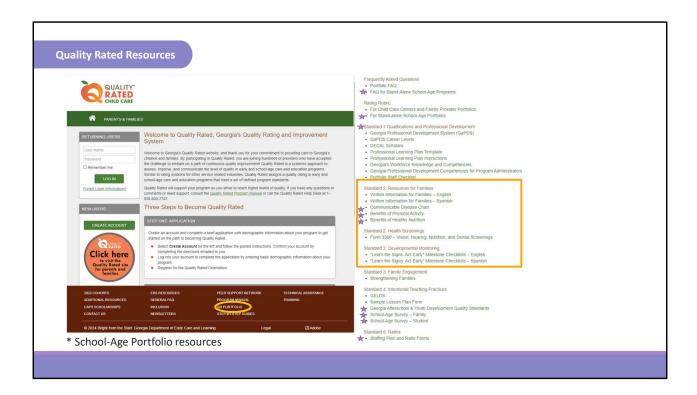
Quality Rated School-Age Portfolio Standard 2

CCR&R Southeast GA



This step by step guide has been prepared to assist with completing Standard 2 of the Quality Rated School-Age portfolio independently.

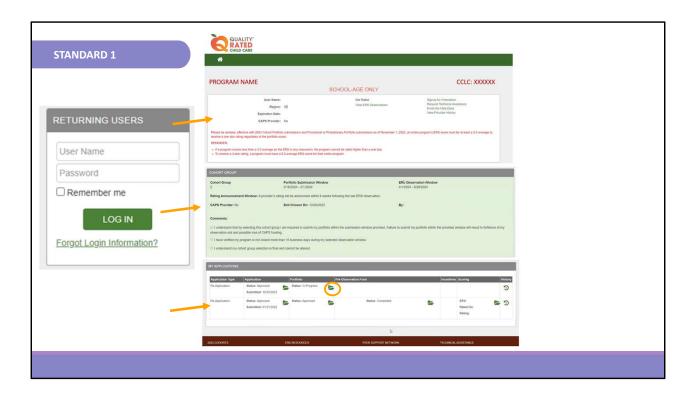


Log on to the Quality Rated website using your program's username and password.

The resources that will be discussed for Standard 2 can be found at the bottom of the website in the brown banner under QR Portfolio.

Standard 2 of your QR portfolio looks at your nutrition and physical activity practices for your program. In Standard 2 you will complete assessments and you will use the results of the assessment to create goals for your program for both nutrition and physical activities.

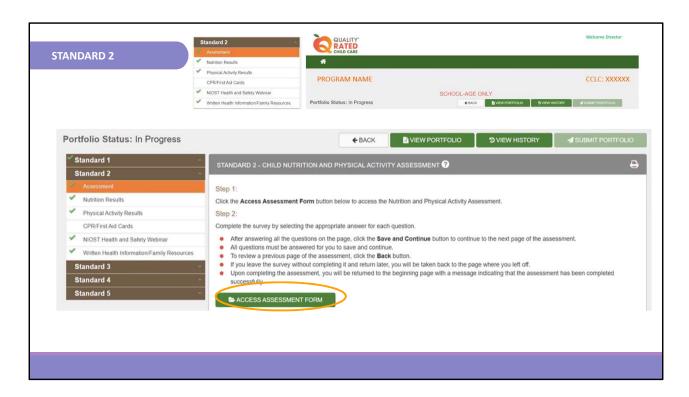
It also looks at a percentage of your staff's current CPR/First Aid certification that is verified in each GaPDS account. It also looks at written health information and family resources around nutrition and physical activity.



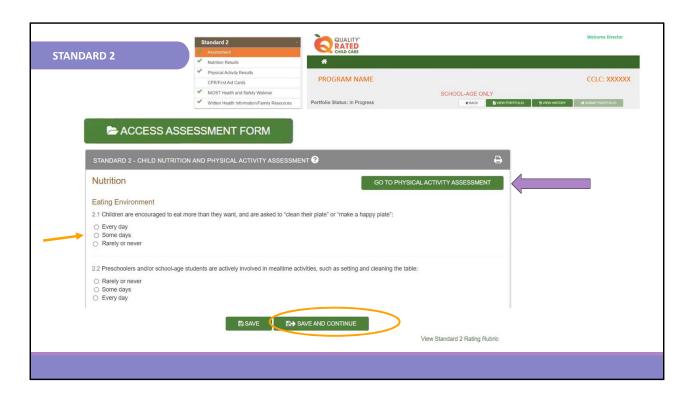
Once you log in, you are able to see your program's information and important dates to remember according to your cohort.

Under My Applications, you will be able to see the new portfolio as well as past portfolios.

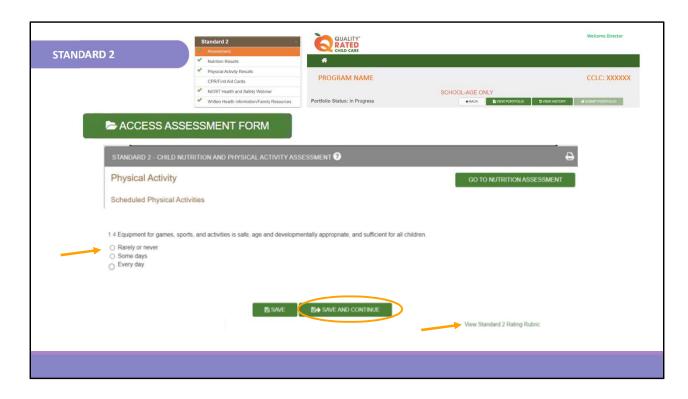
To work on your current portfolio, select the green folder next to Portfolio: In Progress.



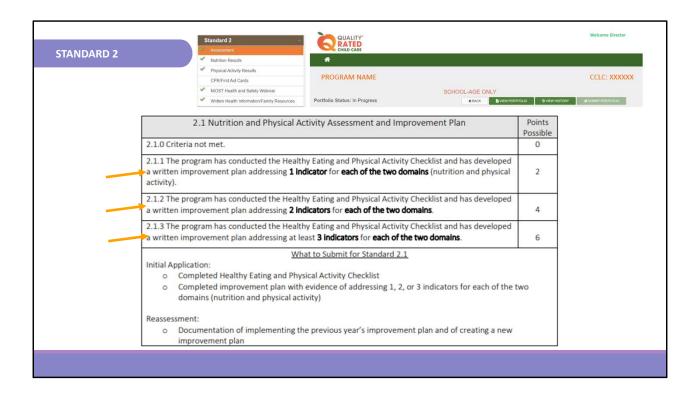
When you click on Standard 2 on the left side of the screen, a drop-down menu will appear containing the different sections of Standard 2. The first step is to complete the assessment form. You can find it by clicking on the green button that says ACCESS ASSESSMENT FORM. You will then complete the assessment based on your program's current practices.



Each question has options to choose from as you continue to answer each question; at the bottom of each page there is a button to save and continue before moving to the next page. Please save so that your work is not lost if you get interrupted. Once you have completed the nutrition assessment you will then complete the physical activity assessment. The button to access the physical activity assessment is at the top right of your screen. Remember, there are no right or wrong answers to the assessment. This is just a self-assessment of your program. These answers are not scored in your portfolio. This will tabulate responses to help you complete action plans for your program.



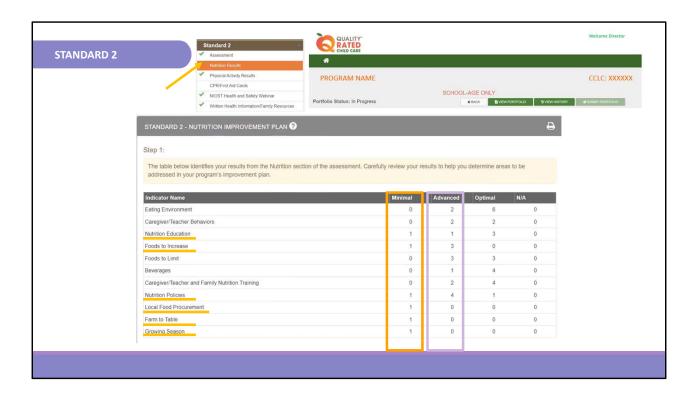
This is an example of how the Physical Activity assessment will look in your portfolio.



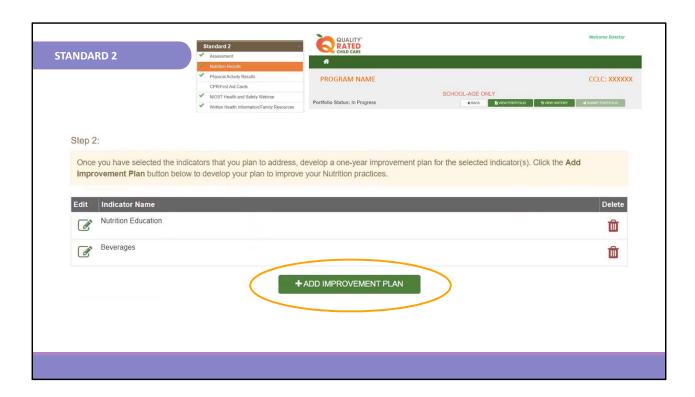
For this standard, program staff will reflect on their program's current health, safety, and nutrition standards and identify areas that can be improved. Points are assigned based on the completion of the Nutrition and Physical Activity Self-Assessment, a written improvement plan, documentation of actions taken to complete the plan, and evidence that the program has met each of the requirements listed.

Here you see the rubric; once you complete the Nutrition and Physical Activity Assessments you need to determine how many improvement plans you want to create for your program. Each action plan you complete will help you earn points in your QR portfolio.

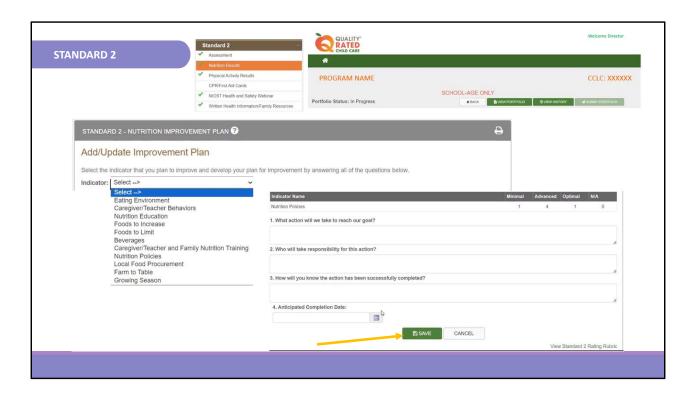
If you create 1 improvement plan for 1 indicator for each of the two domains (Nutrition and Physical Activity) it is worth 2 points, 2 improvement plans for each domain from different indicators are worth 4 points, and 3 improvement plans for each domain from 3 different indicators are worth 6 points in your portfolio.



Once you've determined how many improvement plans you want to create you will go back to the brown bar and click on the Nutrition Results tab. You will see a chart of your responses to each question in the assessment to help determine which areas you would like to make improvements in and create your action plans around. It is recommended that you choose to address those columns that fall in the minimal column so that you are meeting standards for the children.



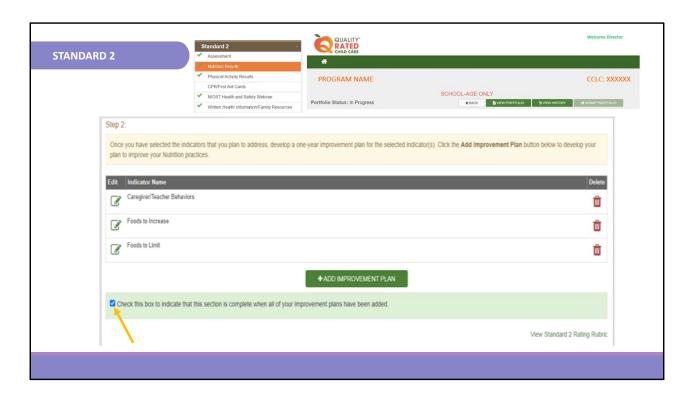
In order to add an improvement plan you will click on the button that says ADD IMPROVEMENT PLAN. It will open up a drop-down menu for you to be able to add your responses in each area.



Select the indicator that you plan to improve and develop an improvement plan for by answering all of the questions shown, then click save.

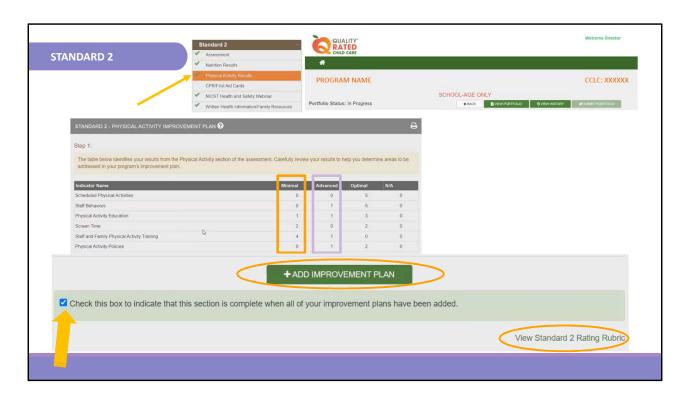
This is an example of how the questions section will look in your portfolio.

Repeat this step for each improvement plan.



Once you have added all of the improvement plans for this section, you will check the box at the bottom in the light green bar to indicate that this section is complete.

Repeat the same steps for the Physical Activity Results.



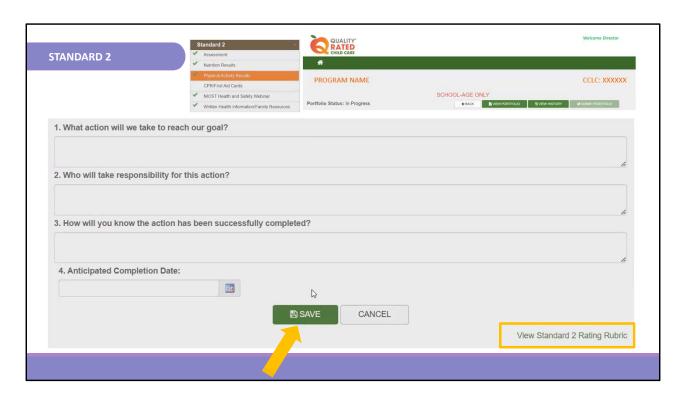
You will go to the Physical Activity Results screen and determine which indicators you would like to create your improvement plans around.

You may create up to 3 improvement plans by clicking on the ADD IMPROVEMENT PLAN button on your screen. Once you are finished you will check the box in the light green bar at the bottom of your screen to indicate that this section is complete.



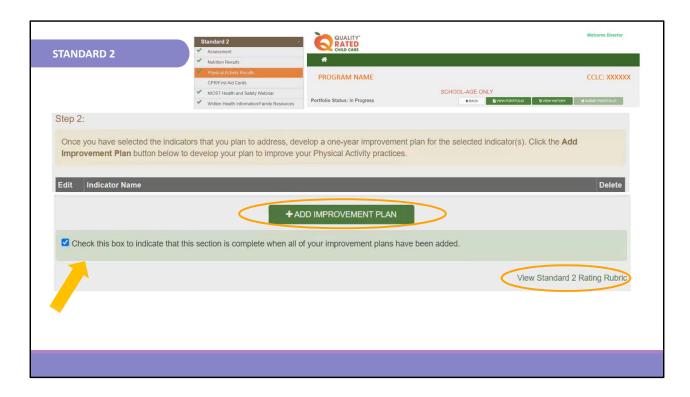
Follow the same steps to complete the Physical Activity Results goals.

Select the indicator that you plan to improve based on the chart for this section.

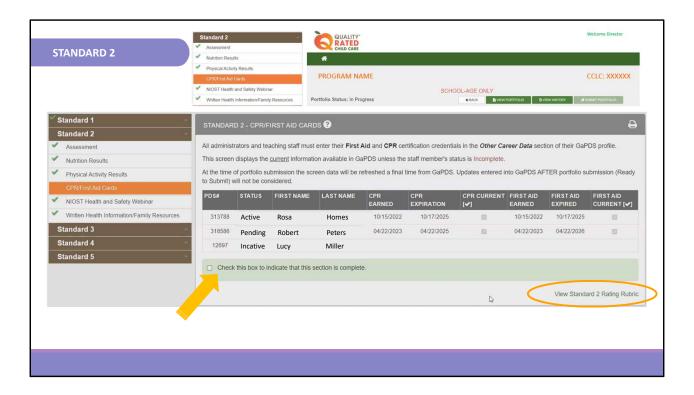


Fill out all of the required information to create your plans of improvement and click the save button once complete.

Repeat this step for each improvement plan.



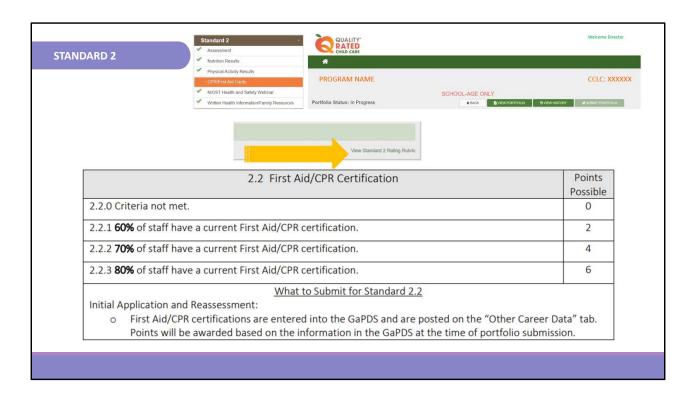
Once you have completed all of the physical activity goals you will check the box in the light green bar at the bottom of your screen to indicate that this section is complete.



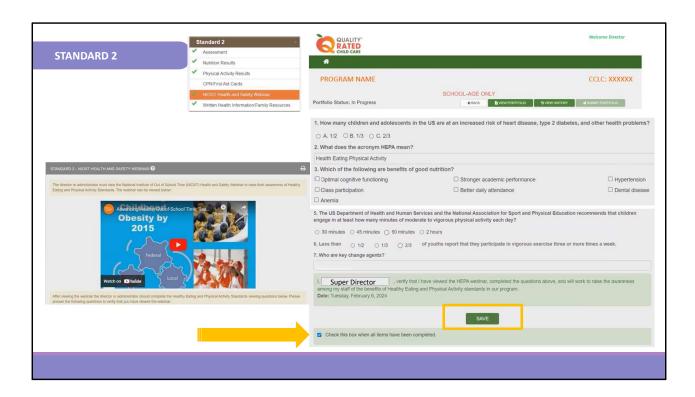
The next section of Standard 2 relates to CPR and First Aid certification for your staff. Everyone that is current on their CPR and First Aid certification should enter the dates earned and expired in the Other Career Data section of their GaPDS profile.

On the screen you should see everyone that is checked as current staff in Standard 1 of your QR portfolio. You will see checkmarks if their information is updated in GaPDS; all information is verified through GaPDS according to what is current from the time that you submit your portfolio. Updates entered into GaPDS after portfolio submission will not be considered.

There is nothing further to do on this screen other than following up with your staff to ensure that their GaPDS information is current. Once that is complete you will check the box in the light green bar at the bottom of your screen to indicate that this section is complete.



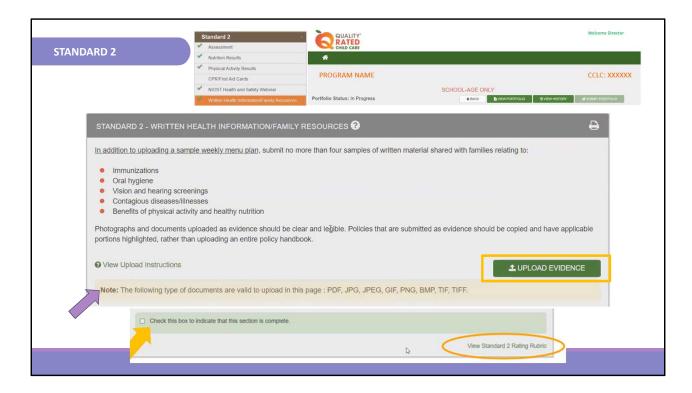
Here is the rubric that shows how your CPR/First Aid Certification of staff is scored. If 60% of staff have a current certification, you will receive 2 points, 70% 4 points, and 80% 6 points.



The next section is the "NIOST Health and Safety Webinar." In this section the program administrator or director must view the National Institute of Out of School Time (NIOST) Health and Safety Webinar and complete the on-screen Webinar viewing questions.

After viewing the webinar the program director/administrator should complete the questions listed under the video and complete the viewing verification statement.

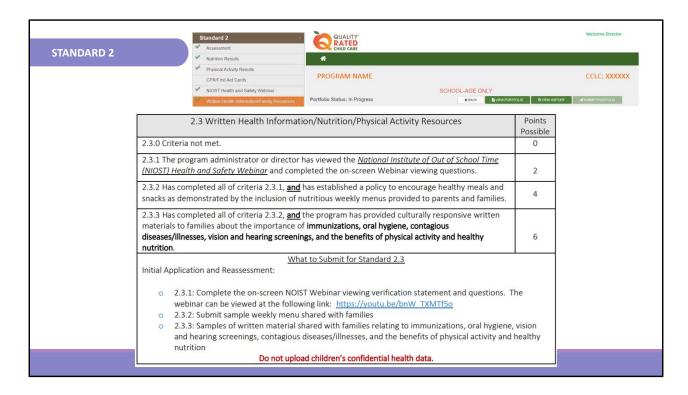
Finally, click SAVE and check the box at the bottom when all items for this section have been completed.



The last section of Standard 2 is asking for evidence of Written Health Information and Family Resources that you have for your program. You will gather your program's documents to upload that show nutrition and physical activity information. You will use the green UPLOAD EVIDENCE button in order to add information into your portfolio. If you are uploading your policies from your parent handbook or employee handbook, please highlight the sections you are trying to show as evidence or copy and paste those sections into another document. This will help ensure that the QR Assessors are able to easily locate the information that is being requested.

The yellow bar lets you know what types of formats can be uploaded in the portfolio. Anything that can be edited, like a Word or Excel document, cannot be uploaded as evidence; you will receive an error message if the formatting is incorrect. Please make sure you are uploading the documents that are correctly formatted. PDF is recommended.

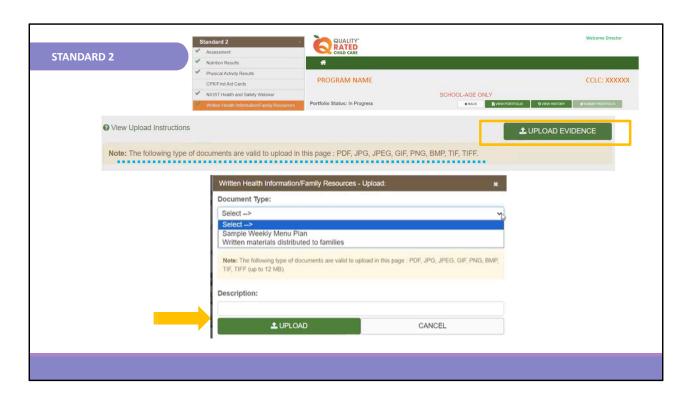
The rubric for this section is located at the bottom right of the page.



Here you will see the rubric for the written health information and family resources section of Standard 2. The rubric tier for 2 points requires that the program administrator or director complete the on-screen NOIST Webinar viewing, verification statement, and questions.

To receive 4 points you would show that your program has established a policy to encourage healthy meals and snacks as demonstrated by the inclusion of nutritious weekly menus provided to parents and families. Be sure that the sample you upload is for an entire week, Monday through Friday, not including holidays and that the full date is included on the menu.

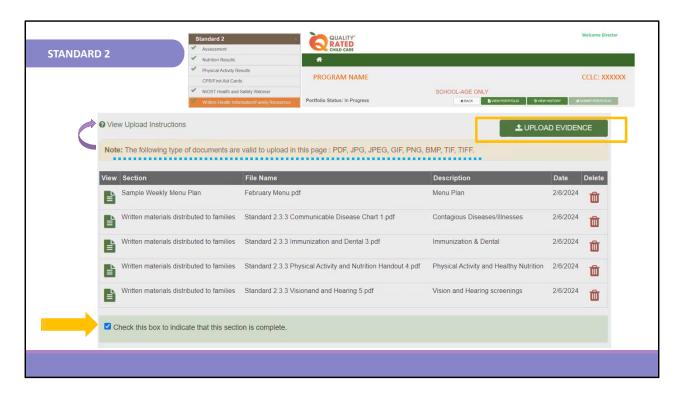
Finally, after completing all of the criteria for the first 2 parts, you may upload evidence that the program has provided culturally responsive written materials to families about the importance of immunizations, oral hygiene, contagious diseases/illnesses, vision and hearing screenings, and the benefits of physical activity and healthy nutrition. This can help you achieve 6 points for this standard. If you need reliable resources to share with your families you can find some at the bottom of the QR website in the brown section; there is an option labeled QR Portfolio. Under the Standard 2 section there are resources that you can download and save as one document to upload to your portfolio or print to share with your parents if you do not already have some.



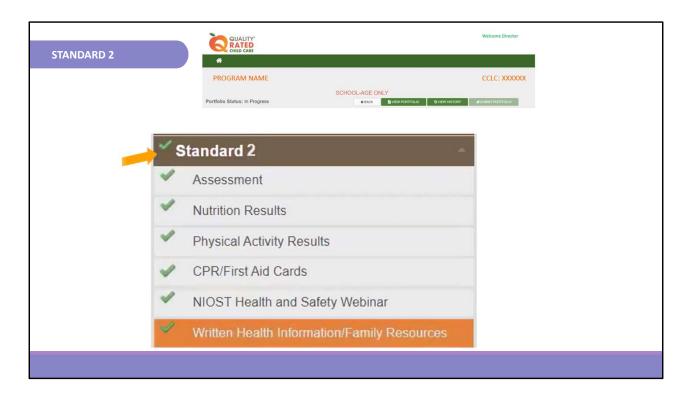
Use the green UPLOAD EVIDENCE button in order to add information into your portfolio. The yellow bar lets you know what types of formats can be uploaded in the portfolio; PDF is recommended.

Select the type of documentation you are uploading, add a simple description and click UPLOAD.

Repeat this step for each piece of evidence, keeping in mind that you are only allowed 5 documents, including your weekly menu; you might need to combine some of them to one document if you have more than 5.



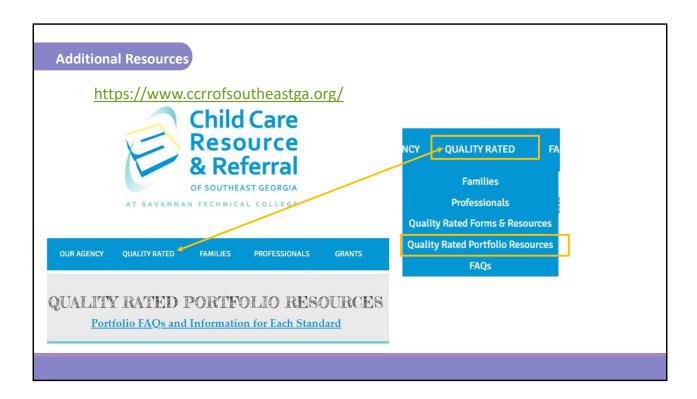
Here is an example of a completed section. Once all of your documents have been uploaded, check the box at the bottom of the page to indicate that this section is complete.



Once you have completed all areas of Standard 2, a green checkmark will appear indicating that this section is completed.

	STANDARD 2		Date Completed:	
Additional Resources	Item	Date Completed	Comments/Questions	
	Nutrition and Physical Activity Assessment			
	Nutrition Action Plan			
	☐ 3 plans from different indicators in the domain			
	Physical Activity Action Plan			
	3 plans from different indicators the domain			
	CPR/First Aid verified by PDS			
	Entered in other career data and verified by PDS% Of Staff Completed			
	Written Health Info/Family Resources			
	NIOST Health and Safety Webinar			
	Program administrator has:			
	☐ Viewed			
	☐ Completed questions			
	Policy:			
	☐ Encourages healthy meals and snacks			
	Written Materials Shared:			
	☐ Immunization Resources			
	☐ Oral Hygiene Resources			
	☐ Contagious Disease/Illness Resources			
	☐ Vision Screening Resources			
	☐ Hearing Screening Resources			
	☐ Benefits of Physical Activity and/or Nutrition Resources			

The Child Care Resource & Referral Agency has created a resource to help you to complete each standard of the portfolio. The Standard 2 portion of that Portfolio Checklist is shown here. Please ensure you request the Portfolio Checklist from your Coach. This could assist you in completing Standard 2 of the Portfolio.



The Southeast Child Care Resource and Referral Agency has created several resources for you that will help guide you through each standard. Please visit our website at https://www.ccrrofsoutheastga.org/

We wish you success in completing Standard 2.